The

# NEWSLETTER

Of

# **Trinity Lutheran Church**

**603 North 8th Street** 

Atchison, KS 66002 (913) 367-2837

Lutheran Church - Missouri Synod Web Page - www.trinityatchison.org

Facebook – www.facebook.com/trinitylutheranatchison
Reverend Robert Ziegler

Vol. 65 No. I

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#### FROM PASTOR ZIEGLER'S DESK

**CALLS AND MEETINGS IN DECEMBER** 



Home	2
Hospital	12
Shut-Ins	7
Meetings & Classes	22
<b>Hours Counseling</b>	6

#### **BAPTISMS**

On December 6<sup>th</sup>, Elizabeth Jane Austin Klawuhn was baptized at St. Luke's Hospital in Kansas City (she is doing well now). On December 16<sup>th</sup>, Abel Jacob Portenier, Arick Charles-Leroy Frakes, Christian Scott Martin, Jr., Mercy Rae Martin, and adult, Alyssa Ayamie Marie Harter received the gift of baptism. And on December 25<sup>th</sup>, Isaac Benjamin Hofacker, received the same wondrous gift.

During 2018, there were 32 baptisms at Trinity; 18 infants, 9 children, and 5 adults. A wonderful blessing from the Lord.

#### **CONFIRMATION**

On December 16<sup>th</sup>, 8 adults were welcomed into the communicant membership of Trinity through the Rite of Confirmation:

James Ronald Bilderback Ariana Storm Geoffroy Katie Lynn Hanshaw Alyssa Ayamie Marie Harter Erica Joella Schuler Amanda May Shewey Christian Lea Shewey Alfred Joseph Wilson

During 2018, 20 communicant members were received through confirmation: 3 juniors, and 17 adults. We thank the Lord for adding to his church Trinity

The following members also completed the Fall Adult Inquirer's Class: Sheila Bilderback and Jesse Smith. And these folks attended several classes: Kevin Dykstra, Jennie Hunt, Ernie Geoffroy, Jeri Rockey, Michaela Willis,

Joshua Cairo, Christine Geoffroy, Bonnie Goodlet, Terri Olson, Ruth Niemann and Maryleen McKelvy.

#### **WEDDINGS**

In 2018 there were seven weddings at Trinity: Kelsey Weber and Trenton Joice, April 21<sup>st</sup>; Halee Liggett and Taylor Lee, June 2<sup>nd</sup>; Patricia Forgey and Curtis Stalder, June 23<sup>rd</sup>; Julie Kuhnert and Larry Holle, August 4<sup>th</sup>; Jessica MacKan and Jacob Reiss, August 10<sup>th</sup>; Elaine Coder and David Page, November 10<sup>th</sup>; and Lesley Harness and Eliot Smith, December 31<sup>st</sup>. We pray our Lord's blessings upon these couples, that Christ Jesus may dwell in their hearts and home.

#### **FUNERAL SERVICES**

In 2018, 20 funerals were conducted from Trinity; Bertha Kanning, 97; Charles Farris, 75; Wini McClellen, 90; baby Owen Rush, (stillborn); Albert Witte, 88; Mary Jo Foster, 66; Carol Pierce, 89; Janice Smith, 84; Bob Shaver, 71; Stephen McCourt, Jr., 84; Gary Reno, 76; Jeff Minard, 56; Charles Perkins, 81; Ed Sowers, 85; Karen Keil, 54; Leanna McCourt, 87; Ron Turpin, 78; James Green, 69; Jim Johnson, 73; Steve McGinnis, 65. We pray the Lord's comfort to all these loved ones named above. We remember the hope-filled words of Jesus, "Because I live, you also will live."

#### **NEW MEMBER POTLUCK**

Please remember our New Member Potluck on Sunday, January 6<sup>th</sup>, Noon, in the church basement. Bring a covered dish and your tableware. Chicken will be provided. Come and help us welcome our new members.

#### **KAIR RADIO BROADCAST**

We now have five (5) sponsors for our 2019 KAIR Broadcasts. We need 47 more. Cost: \$50.00 per Sunday. Our program is on every Sunday at 9:30 a.m.



#### **VOTER'S ASSEMBLY**

On Sunday, December 16<sup>th</sup>, our Voter's Assembly extended a Call to Reverend Sean Smith of Steeleville, Illinois, to become our Associate Pastor here at Trinity. Please pray God's guidance and blessings for Pastor Smith as he considers our Call and comes to a decision.

#### **BOARD OF DIRECTORS**

On November 4<sup>th</sup>, Jim Duitsman, Don Lassen and Mike Lowe were elected to our Board of Directors. The Board for 2019 will be, Jim Duitsman (President); Randy Jewell (Vice-President); Ed Bosshammer (Secretary); Ron Estes (Treasurer); Bart Lennington (Elder); Adam Goodpasture (Finance); Mike Lowe (Parish Education); Tom Brincefield (Day School); Terry Hamilton (Properties); and Don Lassen (Evangelism).

Installation of officers and committee persons will be at the end of 8:00 a.m. service on January 6<sup>th</sup>.

#### **GARAGE/MAINTENANCE BUILDING**

Re-zoning for the property north of Kearney has been passed by the City Planning Commission. It will come before the City Commission in January. We hope to build our Garage/Maintenance Building when warm weather comes to stay.

#### **CANDLELIGHT SERVICES**

In our three Candlelight Services we had 559 in attendance and on Christmas Day 115 were here to worship, a total at our Christmas services of 674. In this 674 there were 91 visitors. Thank you to our Adult Choir and Chamber Choir, soloist, Jeremy Lee; Organist, Melissa Blanton, Cheryl Lanter (who was also Choir



Accompanist) and Sylvia Thompson, Choir Directors, Lottie Lee and Rhonda Gierstorf. Most of these people were here for all four Christmas Services. The "Hallelujah Chorus" was beautiful and I heard many, many praising comments about it. Thank you to all our committed hardworking musicians. You are a great blessing to Trinity. Thank you also to the Ushers and Elders who cleaned and vacuumed after each service, to the youth and leaders (the Curley's and Lowe's) who decorated the church, to all the Altar Guild ladies who did so much taking care of the altar and flowers through December, to all the folks who gave poinsettias (there were 60 of them), to the Greeters and Acolytes and to Deacon Mike Carney for doing the liturgy at the Candlelight Services and preaching on Christmas morning. And, thank you to Debbie Jewell who sent out 750 Christmas invitations and to John and Roschelle Bisping who made a trip to

Kansas City to get "drip things" for the candles and to Debbie who also made some. THANK you to all.

#### **INQUIRER'S CLASS**

Adult Inquirer's Class begins again on Sunday, January 27th, 4:00 p.m., in the Church basement. Whom do you know that you can invite and bring? How about your spouse, son, daughter, brother, sister, neighbor, grandchild, co-worker, friend, in-law, father, mother, girlfriend, boyfriend, someone who is not walking with the Lord, not worshipping faithfully, not confessing Jesus as Savior and Lord, not a member of a church, is a member of a church but does not go, someone who simply wants to know more about the Bible. First, pray that the Holy Spirit will lead the person to accept your invitation. Then invite them to come and offer to bring them. Talk to them about coming three times. And then when they say "yes", come with them. And, if they say "no", keep praying for them, live a life devoted to Christ for a witness to them of what a Christian life looks like.

#### **HOLY COMMUNION**

In 2018, we had 304 members who did not come to Holy Communion. The catechism says that this ignoring of the Lord's Supper is a despising of our Lord Himself, the Lord who gave Himself into death on the cross that we might have His Body and Blood in this Sacrament and the forgiveness, life and salvation that come with it. Please pray with us that all our members, brother and sisters, will be at the Lord's Table in 2019.

#### **THINGS TO REMEMBER IN 2018**

For the first time Trinity's budget exceeded \$1,000,000.00. A new book club called "Novel Ideas" was started. Results of the Ad-Hoc Committee Survey were reported in the January Newsletter. A new Pictorial Directory along with a 150th Anniversary booklet was distributed. A new ladies' coffee group called "Holy Grounds" was started. Rev. Robert Rahn of Lutheran Heritage Foundation was our speaker on February 28th. Students of Trinity School scored above state averages in all test scores and topped all other elementary schools in Atchison County. On March 4th, Steve Cohen of "Apple of His Eye" Mission Society was our speaker. A resolution was passed by the Voter's Assembly for the Board of Directors to appoint a Building Committee to study and make recommendations and plans for needed facilities here at Trinity. John Bisping made two beautiful crosses, placed in the gym and south stairwell of the new building. On Easter the temperature got down to 26° and it snowed (April 1st). In June our first Call for an associate pastor was declined. Tuition at Trinity School was \$1,100 per member, \$1,250 for non-members. 258 children were enrolled in Vacation Bible School. Members

appointed to the Building Committee were Bryan Becker, Jim Duitsman, Bart Lennington, Terry Mills, Rachel Goodpasture, Ron Graham. Evangeline Franzon, from Operation Christmas Child was a speaker on July 13th. On July 20th, our second Call for an associate pastor was declined. Two pews on the north side of the sanctuary were shortened to accommodate a chair or wheelchair. A beguest of \$9,278.75 was received from the estate of Ed Sowers. Marcene Selberg became our Parish Nurse. 150 students and parents raised \$5,000 for the playground fund on Fun Run on September 30th. 1,529 bars of soap, 239 quilts, 50 tie blankets, 48 baby kits and 200 health kits were sent to Lutheran World Relief. \$14,118 was raised on Garage Sunday. Besides all of this, as you can see above, there were the many baptisms, confirmations, marriages, and funerals. Also, we remember the many, many people (hundreds) who gave thousands of hours as Kennedy Callers, choir members (Adult, Bell, Chamber), Elders, Ushers, Altar Guild workers, Sunday School and Bible Class teachers, prayer ministers, men and women taking care of our properties, mowing grass, shoveling and plowing snow, planting flowers, helping in the office, counting and recording offerings, serving on committees, working with youth, working at Trinity School in various ways, coaching sports, making calls on our shut-ins and elderly, doing Loaves and Fishes, doing VBS, bringing food and serving funeral dinners, bringing food and taking care of the food pantry, Christmas caroling, taking care of our rental properties, driving the bus, recording the giving each week, the jail ministry, devotions and Bible classes in the nursing homes, the tithing, giving, sponsoring, etc., etc., that makes all this possible - all of this is Trinity in ministry and mission. Trinity would not be what it is without hundreds of people doing so much. In all of this we see love for our Lord and love for our church. THANK YOU to all those who are working so hard to do the Lord's work here at Trinity.

Also, thank you to all who sent me Christmas cards, notes and brought "goodies". It is always good and heartwarming to be so remembered. It was also good to have Anne and Preston, and Allison, Ron and Tyler here Christmas and after. Elsa, in the marching band at University of South Carolina, was unable to come because of a Bowl game

Finally, here are the 8 good New Year's Resolutions we have put in the January Newsletter for several years.

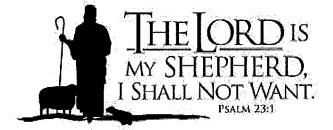
- 1. To worship in God's House EVERY Sunday.
- 2. To read the Bible and Portals of Prayer EVERY day.
- 3. To pray EVERY day.

- 4. To use my offering envelope EVERY Sunday.
- 5. To commit to memory ONE passage of Scripture EACH WEEK.
- 6. To exercise (walk, jog, swim, etc.) several times a week
- 7. To WITNESS for my Lord and SERVE HIM with my talents.
- 8. If you smoke or chew, quit.

PEACE and a BLESSED and HAPPY NEW YEAR. See you next Sunday in worship and Bible Class.

#### **Pastor Robert Ziegler**

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#### THANK YOU, SCHOOL SPONSORS,

Thank you to the following folks who are School Sponsors for the 2018-19 school year:

Memory – Sam Nelson Standing Stones/Faith Builders Frank & Loretta Lassen David Estes Kelly & Karen Persinger Pastor Robert Ziegler Adam & Rachel Goodpasture Pastor's Adult Bible Class Doug & Kathy Armstrong Norma Dame

**Ron & Kathy Estes** 

Amelia Cawthorn

Stan & LeNeta Snyder

Norma Dame Justas Norvilas Anonymous Ron & Robyn Graham
Memory - Robert Voigt
Jim & Joyce Duitsman
John & Roschelle Bisping
Bill & Carolyn Hubble
Gary & Kathy Long
Glen & Peggy Buckley
Bob & Joyce Williams
Bill Bewley
Charles & Cindy Perdue
Betty Jamison-Sowers
Thomas & Mary Vaughn
Memory - Jim Johnson
Les & Grace Burchett
Phil & Lenora Cairo

### **THANK YOU FOR REFRESHMENTS**

Thank you to the following folks who provided and served refreshments at our Fall Adult Inquirer Classes:

Mindy Young
Mike & Dorothy Carney
Tom & Julie Wilson
Donna Davenport
Debbie Schneider
Lacee Drimmel
Sheila Bilderback
Terry Mills
Ruth Niemann

Kelly & Karen Persinger
Jessica Lunsford
Lois & Mike Farrell
Don & Cindy Lassen
Judy Young
Marcene Selberg
Eric & Ledeen Berry
Linda Goodpasture
Jessie & Mitch Oswald

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#### THE FINANCIAL REPORT

Home	Needed in 2018	\$ 924,462.00
	Given in 2018	902,641.19
Missions	Needed in 2018	42,650.00
	Given in 2018	41,019.90
Building	Needed in 2018	33,000.00
	Given in 2018	32,716.66

The last month of the year (five Sundays) we lost a little ground in the home budget, gained considerable ground in the mission budget and lost some in the building budget. As you can see above, we ended the year BEHIND \$21,820.81 in the HOME budget, \$1,630.10 BEHIND in the MISSION budget, and BEHIND \$283.34 in the BUILDING budget. Putting these figures together we needed, \$1,000.112.00 and received \$976,377.75. Thank you to all who gave so faithfully and generously to make all this possible.

#### Special gifts during December were:

Special Bires adming December	WEIC.
Bethesda Home	275.00
Lutheran Hour	36.00
Lutheran World Relief	650.00
Dream Fund III	236.00
Emergency Fund	175.00
School Sponsor Plan	2,120.00
Loaves and Fishes	75.00
Lutheran Heritage Foundation	101.00
KAIR Broadcast	150.00
Flower Fund	11.00
Technology (current) Fund	112.00
Garage/Maintenance Building	4,635.00
Playground Fund	435.00
Vacation Bible School	1.20
Organ Fund	50.00
Church Sound System	100.00
New Telephone System	3,310.00

# With these gifts this is how our BENEVOLENCE PICTURE looks:

BENEVOLENCE	<b>GOAL</b>	<u>GIVEN</u>
Bethesda Home	\$ 1,100.00	935.00
Luth. Heritage Found.	600.00	639.00
Lutheran Hour	900.00	882.00
Luth. World Relief	3,500.00	3,372.00

We made one of our goals and came close in the other three. Thank you to all who used these special envelopes and gave to these very important ministries.

We have now received \$39,968.40 toward the Garage/Maintenance Building. If you wish to give a special gift for this, simply mark it "Garage/Maintenance Building". Cost of the building will be around \$98,000. Every dollar given means one less dollar to borrow.

If you have not yet picked up your 2019 envelopes, they are on the table in the Narthex.

We are now looking for sponsors for our KAIR Radio Broadcast. We already have five (5) so we are looking for 47 more. Cost is \$50.00 per Sunday.

\$3.25 in the Initial Offering envelope pays for the box of envelopes and \$4.75 in the Portals of Prayer envelope covers that devotional for a year.

As we end 2018, we thank our Lord for how He blessed our Financial Picture during the year and pray His blessings in 2019.

#### **SCHOOL ENDOWMENT FUND**

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In 2018 our Trinity Lutheran School Endowment Fund received \$58,291.93 in gifts, memorials, bequests and farm income. This amount brought the given-assets of the fund to 1,492,586.84. This invested amount produced income of \$158,688.98. Of this amount, \$146,520.00 was put into the budget to help pay teacher salaries, desk chairs for the 7<sup>th</sup> & 8<sup>th</sup> grade room were purchased (\$309.20), and \$1,500.00 was given to the School Committee for various expenses, the remainder kept in reserve.

Memorials in 2018 were: Albert Witte - \$425.00; Janice Smith - \$565.00; Sandy Haeffele - \$945.00; Frances Reisenbickler - \$50.00; Violet Pyles - \$20.00; Jim Johnson - \$1,420.00.

Two bequests were received: Janice Smith - \$1,000.00; Ed Sowers - \$1,030.97.

Thank you to all who gave gifts through the envelope which is in our packet. Thank you to those who designated memorials to this fund. And, we thank our Lord for leading Janice Smith and Ed Sowers to include this fund in a bequest.

Our School Endowment Fund is tremendously important for our Trinity School and its future. Please pray for its continued growth and contribute to that growth through your gifts, memorials and bequests.

#### **TECHNOLOGY ENDOWMENT FUND**

Remember these words when we established the Technology Endowment Fund in 2001. "It is our <u>DREAM</u> that Trinity will have the latest and best in technology for the students, faculty and staff of Trinity School, and the same for the pastors, staff and members of our congregation. The Technology Endowment Fund is designed to provide income for computers, copiers, office equipment, televisions, DVD players, software and the technology that has not yet been developed, but will

someday be available to help us in carrying on our ministries here at Trinity in fulfilling the Great Commission."

In 2018 this fund received \$5,147.72 in gifts, memorials and bequests. It now has given-assets of \$112,393.96. In 2018 income from this invested amount was \$5,435.21. Most of this was saved for a new telephone system at the church and school and now with a generous gift received at Christmas for this we should be able to have this system in place soon.

Memorials received in 2018 were: Carol Pierce - \$85.00; Roger Nelson - \$600.00; Trent Arends - \$100.00. A beguest of \$1,030.97 was received from Ed Sowers. \$79.36 came through our Scrip Program. And a special gift of \$750.00 was received from our former principal, Marvin Muhlenbruch.

Thank you to all who gave gifts to this fund through the envelope in our packets. Please continue to remember it with your gifts, memorials and bequests.

#### **LOOKING BACK**

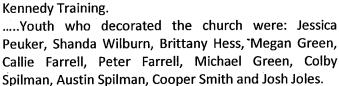
#### Ten Years - January 2009

.....695 persons were here for our Christmas Services.

.....Average Sunday attendance for 2008 was 404.

.....The roof on Trinity Place was finished and men were laying brick.

....90 members went caroling on December 7<sup>th</sup>. .....Carl Dunn and Alane Hanshaw completed the



.....Between Candlelight Services, the Trinity choir went to the home of Pastor and Kara FitzPatrick for soup and sandwiches.

.....For the first time an envelope for our Trinity Place Endowment Fund was in our packets.

.....The School Endowment Fund had grown to have given-assets of \$951,827.97.

.....The Technology Endowment Fund received a gift of \$7,000 from Jim and Kathy Wehrman in memory of his parents, Bill and Margie Wehrman.

.....The Church Endowment Fund received a bequest of \$5,000.00 from the estate of Amelia Ostergard.

.....Our debt on our second parsonage was \$89,818.04.

#### THE TRINITY LUTHERAN LEGACY SOCIETY

In love for their Lord and looking to the future of His work here at Trinity in Atchison. These folks included Trinity in their wills. All of their gifts continue to bring blessings to Trinity every year. Two names were added in 2018.

1997-Dorothea Kuhnert 1974-Minnie R. Kaaz William L. Zschoche 1975-Minnie Estes Freda Kaaz 1999-Helen Walton 1977-Hattie Handke 1979-Cora Stolp 1982-Miss Carolyn Stuff Mary Carson 2002-Marie Peters 1983-Lulu Banks Minnie Rathert 1984-Mary Bender Lydia R. Coen Edna Handke Walter J. Neumann 2004-Art Zabel Harry M. Niemann 1987-Hugh Smith 1989-Leota Boatright 2007-Lars Larson 1990-Rose Malone Beverly J. Conrad Albert F. Schmidt 2011-C.J. Estes Henry C. Jacobsen 1991-Walter Zabel

1993-Louise M. Thaden Charlotte Klostermeier Revida Blehm Doyle

1995-Lucy Grimming Florence Jacobs 1996-John E. Baker

> Elizabeth (Girlie) Nass Louis & Helen Stolp Carl & Lillian Vogel

**Dorothy Glaman Harriet Nass** 

**Agnes Faurot** 

2000-William Zabel Marie Larson

**Durel & Lilly Seetin** 

2003-Roy Estes Oscar Coen Hazel Jaynes **Ernie Bareiss** 

2005-Ellen Lee Hawk Gantenbine

2008-Amelia Ostergard 2009-Erma Morris

**Rosie Estes** 

2013-Leland Adams **Bill Sellers** 2014-Dorothy Jacobson

2015-Louise Shockey **Robert Voigt** Mary Jo Rahatz

2016-Beverly Bareiss **Darlene Sowers** 2017-Linda Hundley 2018-Janice Smith **Ed Sowers** 

## **HOW TO DESTROY YOUR CHURCH**

- Don't attend.
- If you do attend, arrive late, and leave early
- Visit other churches often.
- At every service ask yourself, "What do I get out of
- Never volunteer for anything. Let the pastor do it.
- Gossip
- Be critical of the pastor and the musicians.
- Don't give or wait until the end of the tax year to see if you have any extra money.
- Don't talk with others or encourage them.
- Don't forgive when someone offends you.
- Avoid praying for your church.

#### 2018 STATE ASSESSMENT SCORES- TRINITY ON TOP!

The Kansas Department of Education has been producing for the past several years a KS Report Card that provides information to the public on the performance of school buildings and districts (both public and private).

A goal given to KS schools and districts by ESSA (U.S. Dept. of Education Every Student Succeeds Act) for Academic Proficiency states: Seventy-five percent of assessed students should achieve an <u>academic performance level score of three or higher on state assessments</u> in English Language Arts (ELA) and mathematics by the end of the school year 2030.

Along with the student performance data the report card includes demographics of the building/district, attendance rate, drop-out rate, graduation rate, test participation and actual scores given in graph and text forms.

To find this information for Trinity Lutheran School and any other local or out of town school/district follow these directions: Go to:

http://ksreportcard.ksde.org/default.aspx

Type in Trinity Lutheran Elem (Atchison) our District #Z0026 and Building #5798

Click on Search and our building should come up

Go up to Assessments & Accountability

**Drop Down to Performance Level Reports** 

MATH scores will come up for our building (ALL GRADES)

Change to ELA (English Lang Arts) in Drop Down Menu (on right)

Science is also in Drop Down

The table below shows the percent of students that scored in <u>Levels 3 and 4 combined</u>. These are the two levels we want our students to achieve, showing that they demonstrate a basic ability to understand and use the skills and knowledge needed for college and career readiness.

Trinity's student scores reflect that our students are achieving at high levels.

When reviewing these scores, look to see if the school is making gains from one year to the next and how the score looks in relation to the state score. Are we above the state? Have we made gains from 2017 to 2018? Yes, we have! We realize that all schools have their share of challenges, but we believe that our teachers and staff are meeting the needs of our students and preparing them for their next level of education.

Performance for Levels 3 & 4 Combined - Atchison County Schools

MATH	SPRING 2017	SPRING 2018	GRADES TESTED
TRINITY LUTHERAN	49.99	57.13	Grades 3-8
ST. BENEDICT	34.64	33.6	Grades 3-8
USD 409	24.17	29.91	Grades 3-5
USD 377	30.06	42.38	Grades 3-6
STATE	33.28	32.85	Elementary

ELA	SPRING 2017	SPRING 2018	GRADES TESTED
TRINITY LUTHERAN	64.27	65.29	Grades 3-8
ST. BENEDICT	68.5	60.8	Grades 3-8
USD 409	33.16	34.26	Grades 3-5
USD 377	36.6	42.66	Grades 3-6
STATE	37.20	36.86	Elementary

SCIENCE	SPRING 2017	SPRING 2018	GRADES TESTED
TRINITY LUTHERAN	60.0	83.33	Grades 5 & 8
ST. BENEDICT	35.29	43.17	Grades 5 & 8
USD 409	34.81	40.31	Grade 5
USD 377	24.31	38.46	Grade 5
STATE	37.25	37.17	Elementary

Kansas assessment results are reported in four levels. Level 1 indicates that a student shows a limited ability to understand and use the skills and knowledge needed for college and career readiness. Level 2 indicates that a student shows a basic ability to understand and use the skills and knowledge needed for college and career readiness. Level 3 indicates that a student shows an <u>effective ability</u> to understand and use the skills and knowledge needed for college and career readiness. Level 4 indicates that a student shows an <u>excellent ability</u> to understand and use the skills and knowledge needed for college and career readiness. Thank you to our church and families who support our children every day.

January 2019 Church Newsletter

### NATIONAL LUTHERAN SCHOOLS WEEK IS JANUARY 27-FEB.1, 2019

During Lutheran Schools Week, we celebrate those teachers and students who faithfully serve in Jesus' name. National Lutheran School Week provides our schools with the opportunity to come together in service. During this week of celebration, we pray that the events that we have planned and the opportunities we provide give glory to our great God.

Students sing at church on Sunday, January 27th.

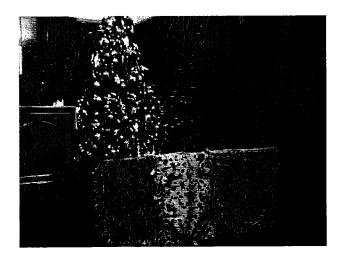
#### **DECEMBER HAPPENINGS**



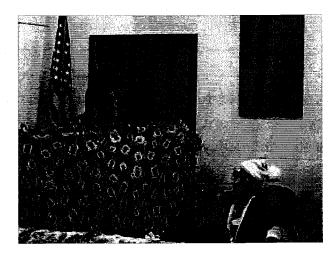
PK 3-Grade 2 Christmas Program Practice



Grades 4-8 attend a Benedictine Basketball Game



Blankets made for Pregnancy Resource Center



Special Mickey Mouse Blanket made for Mrs. Curley

TRINITY IS HOSTING BOYS BASKETBALL GAMES ON JANUARY 18 (7:00 PM), JANUARY 19 (11 AM) AND JANUARY 25 (7 PM). PLEASE COME CHEER ON OUR TEAM AND WATCH OUR AMAZING CHEERLEADERS!!!

Lisa Brookover, principal

# MERRY CHRISTMAS AND HAPPY NEW YEAR from 4-year-old Preschool!!!

We hope you had a Christ-filled Christmas and that you will keep Jesus close to your hearts and minds in the coming year!!

We have had a busy year so far! We have 18 children in the morning class and 17 in the afternoon!! We have been learning Bible stories, colors, shapes, rhyming, left and right, letters and sounds, addresses, Pledge of Allegiance, days of the week, counting, numbers, patterns, table prayers and the Lord's Prayer!! We took a walking field trip to the Atchison Fire Department and learned about fire safety in October! We also went to Crockett's Pumpkin Patch in October and due to damp, cold weather - had an inside picnic in the gym!!

In November we had our grandparents come for a "Grandparents Party" and we had so much fun with them! The children entertained them with songs and served snacks and then got to make a turkey with their grandmas and grandpas!! The feathers were flying!! © John Bisping cuts our turkeys out of cardboard!! We are so thankful for him! A great time was had by all!! After Thanksgiving we began working on our Christmas program, The ABC's of Christmas!! They did a wonderful job and they worked so hard on their lines and all the



songs that they had to learn! We also learned that Christmas is fun with presents and treats but the REAL reason we celebrate is Jesus' birth!!

We are looking forward to getting back to school and learning lots of new things and getting prepared to go to Kindergarten!! Preschool/Kindergarten Round-up will be on March 14<sup>th</sup>! Watch the bulletin, Falcon Flyer or the Atchison Daily Globe for more information!! AND (I know you aren't supposed to start a sentence like this...but) the Trinity Big Top Circus will be coming on May 9<sup>th</sup>!!!! We are looking forward to putting on the best and greatest show on earth!!! Move over Barnum and Bailey!!! THANK YOU, THANK YOU, THANK YOU for all your continued support of



our school, students and staff!! We are so blessed to be a part of Trinity Lutheran Church!!! GOD is Good!!! We pray that God blesses you in 2019 with good health, happiness and love!!

Hugs to all - Linda Goodpasture,
Melissa Kiehl & Preschool!!

#### FROM THE LOFT

It was a busy day at Trinity on December 9<sup>th</sup>! There were three church services, Sunday School, the Sunday School Christmas Program, AND the Annual Christmas Caroling night. Fifty-six people came to carol with us. We were able to sing at seven residential facilities and over 20 homes. Last year, we used the van to take singers to some of the nursing homes. We had great feedback, so we did it again this year. Thank you to John Hornbostel for driving the bus for us. We also had three additional groups go to the assisted living centers and homes. We had a light meal after we finished caroling. Thrivent Action Team funds were used to provide a light meal from Subway.



Some people have asked "How does caroling work?" Here's the answer:

Before: Carolers show up at 5:15 p.m. in the church sanctuary. One of the choir directors leads a prayer, gives the group leaders a list of places to visit and the songs sheets, and does a quick head count. Then, carolers get into groups of 4 or 5 with the group leaders.

During: You go to the nursing homes first. You sing a few songs at each place. The group leader helps choose the songs. Then, you go to homes. If a person is home, you sing a few songs for them. (Sometimes the shutins have requests! ①) It usually takes about an hour to carol to everyone.

After: When you are finished caroling to everyone on your list, you return to the church basement to enjoy a light meal and fellowship!

We go Christmas caroling every year. Please put this on your 2019 calendar - It is a very important ministry for our community!



Thank you to Cheryl Lanter, Melissa Blanton, and Sylvia Thompson for serving as our organists/accompanists for all of the services during the Advent and Christmas season. You're a blessing to Trinity!

Facebook: Rhonda Killip's family recorded "Hallelujah Chorus" at the 6:00 p.m. church service. If you were not able to hear it or would like to hear it again, you can find it on our Trinity Lutheran Church Facebook page! Thank you, Rhonda, for sharing it with us!

"Shout joyfully to the Lord, all the earth; break forth in song, rejoice, and sing His praises." Psalm 98:4

God's blessings to you in 2019, Lottie Lee Co-Choir Director

#### **Health Note for January 2019**

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#### Your brain and memory - Use it or lose it.

Did you know that your brain is the most powerful organ in your body? As we age, most people experience at least some subtle changes in our vision, hearing, balance, as well as in our brain. We may find it harder to recall names, faces, and other information. We may learn new things at a slower speed. We may find multitasking more difficult (if ever it was a good idea!). We may experience memory lapses, such as where you parked your car, or where you put your keys or glasses. Though there is no proven way to stop some of these changes from occurring, there are steps we can take to better care for ourselves and stay mentally alive and well.

- 1. Stay active physically-exercise regularly.
- 2. Get a good night's sleep. Sleep deprivation can lead to forgetfulness and decreased concentration.
- 3. Limit alcohol which leads to decreased concentration, memory and judgment, motor skills and the increased risk of developing dementia.
- 4. Manage stress. Chronic stress can lead to a decreased immune system, which leads to fatigue, anxiety, depressing, anger and irritability.
- 5. Choose positive and meaningful contacts rather than those that cause negative emotions.
- 6. Eat well. The right foods can enhance memory, build new brain cells, and possibly help ward off dementia. This includes dark colored fruits and vegetables, olive and canola oil, nuts, tea, coffee, and dark chocolate!

There is more! Healthy lifestyle habits can also enhance brain functions and prevent memory problems. Use it or lose it!

- 1. Keep a calendar.
- 2. Clear the clutter. Keeping your environment clutter-free can help minimize distractions and improve memory.
- 3. Focus and slow down. Do one thing at a time. Minimize distractions and overloading.
- 4. Cross-train and "engage" your brain. Vary your routine and challenge yourself with intellectual stimulation. Stay up to date.
- 5. Be involved. Volunteer, stay connected. Join a Bible study group, a prayer group or book club.

Though you cannot do all of the above, you can identify the things you are already doing that help to keep you mentally sharp, and then pick one step at a time to make sure you use the gifts you have been given ... praising God for this most powerful organ – your brain!

But this I call to mind, and therefore I have hope: the steadfast love of the Lord never ceases, his mercies never come to an end; they are new every morning; great is your faithfulness. (Lamentations 3:21-23)

May the Lord bless and protect you; may the Lord's face radiate with joy because of you; may he be gracious to you, show his favor, and give you his peace. (Numbers 6:24-26)

Lois Peacock, RN Parish Nurse District Representative Zion Lutheran Church, San Francisco, CA, USA

I am not big on New Year's resolutions, but these sound like good ones to me. I can't help thinking how blessed we are here at Trinity to have so many opportunities to try some of these ways to keep our brains active. We have Bible study groups every Sunday morning and several throughout the week. We have Annas and eight to eight prayer ministries. We even have a monthly book club, not to mention Men's Adult Basketball starting soon, WIP, Chain of Hearts, Loaves and Fishes, and Kennedy calling. Let's all resolve to get involved in our church in 2019.

In Christ's Love Marcene Selberg RN, Parish Nurse

TRINITY LUTHERAN CHURCH 603 N. 8th Street Atchison, Kansas 66002 913-367-2837

Sat	5 9:00 am Novel Ideas 7:00 pm NA	mWA	1.00 pm NA	<b>26</b> 7:00 pm NA	
	4. 5. 8:00 am Holy Grounds 9:00 an 6:30 pm 55+ Potluck 7:00 pm NA	11 7.00 pm NA	18:00 am Holy Grounds 7:00 pm Baptisma Instruction 7:00 pm NA	25 7:00 pm NA 7:00 p	
Thu	3 6:30 pm Bell Choir 7:30 pm Chamber Choir 8:30 pm Chamber Choir	10 6:30 pm Bell Choir 7:30 pm Adult Choir 8:30 pm Chamber Choir	17 6:30 pm Bell Choir 7:30 pm Adult Choir 8:30 pm Chamber Choir	<b>24</b> 6:30 pm Bell Choir 7:30 pm Adult Choir 8:30 pm Chamber Choir	31 6:30 pm Bell Choir 7:30 pm Adult Choir 8:30 pm Chamber Choir
Wed	30 am School Chapel - 00 pm Wednesd ay School - 00 pm NA -	00 am School Chapel 00 am Moming Break 00 pm Wednesday School 00 pm NA 00 pm Board of Directors	16 8:30 am School Chapel 8:00 am Morning Break 6:00 pm Wednesday School 7:00 pm Day School Committee 8:00 pm Evangelism Committee 7:00 pm NA	ool Chapel ning Break dnesday School	3.0 8:30 am School Chapel 9:00 am Moming Break 6:00 pm Wednesday School 7:00 pm/School
Tue	7- 8: HAPPY NEW YEAR! 7:	8 900 am Pastoral ConfAtchlson 8:3 900 am Pastoral ConfAtchlson 9:0 9:0 9:0 pm Attar Gulid Meeting 6:0 pm Attar Gulid Meeting 7:00 pm Fellowship Committee 7:00 pm NA 8:00 pm Building Committee 8:00 pm Building Committee	15 1:00 pm Quilding 8 6:25 pm Elder's Calling 9 7:00 pm NA 6 6	2.2 1:00 pm Quilting 7:00 pm NA	29 1:00 pm Quilting 7;00 pm NA
Mon		7 1:15 pm Staff Meeting 2:30-7:30 pm Blood Drive 6:25 pm Kennedy Calling 7:00 pm NA	144 1:15 pm Staff Meeting 6:25 pm Kennedy Calling 6:30 pm Theodora Circle 6:30 pm Priscilla Gulid 7:00 pm NA	21 1:15 pm Staff Meeting 6:00 pm WIP Craff Night 6:25 pm Kennedy Calling 7:00 pm NA	28 1:15 pm Staff Meeting 6:00 pm Chaln of Hearts 6:25 pm Kennedy Calling 7:00 pm NA
Sun		6 Worship 8:00 am, 10:30 am, 6:30 pm. 9:15 am Family Bible Hour 9:30 am KAIR Broadcast Noon – New Member Porluck 7:00 pm NA:	13 Worship w/Communion 8:00 a.m., 10:30 am, 6:30 pm 9:15 am Family Bible Hour 9:30 am KAIR Broadcast 7:00 pm NA	20 Worship 8:00 am, 10:30 am, 6:30 pm 9:15 am Family Bible Hour 9:30 am KAIR Broadcast 7:00 pm NA	27 Worship w/Communion 8:00 a.m., 10:30 am, 6:30 pm 9:15 am Family Bible Hour 9:30 am KAIR Broadcast 4:00 pm Indulters Class

