

The
NEWSLETTER
Of

Trinity Lutheran Church

603 North 8th Street

Atchison, KS 66002

(913) 367-2837

Lutheran Church - Missouri Synod

Web Page - www.trinityatchison.org

Facebook – www.facebook.com/trinitylutheranatchison

Reverend Robert Ziegler

Vol. 65 No. IV

Published Monthly

April 2019

FROM PASTOR ZIEGLER'S DESK

CALLS AND MEETINGS IN MARCH



Home	9
Hospital	15
Shut-Ins	7
Meetings & Classes	28
Hours Counseling	10

BAPTISMS

March 17th was a GREAT DAY at Trinity. Eight children received the gift of baptism and were brought into God's family: Alejah Michelle and Ayden Jacob Ball, Macie Rae Lynn Clary, Kenzlee Grace Cline, Rylee Elisabeth Halling, Danika Sue Helton, Sage Catherine Jenkins and Ella Grace Showalter. We pray God's blessings upon all these children and their parents.

CALL

We are sad to report that Reverend Robert Hoffman whom we Called to be associate pastor, declined our Call. Many were optimistic and believed he would accept the Call. In his letter of decline, he stated that he was doing so with a "heavy heart", but after much prayer and consideration he believed the Lord wants him to stay in his present church...which means we will continue to pray and look. We have worked through the names the District President gave us, so soon we will be asking for another list of names.

APRIL 2009 NEWSLETTER

In the 1999 April Newsletter, Esther wrote a column entitled "THE TOP TEN REASONS I LOVE GOING TO TRINITY LUTHERAN CHURCH". She was taking chemo therapy at the time. I think the column bears repeating. Look for it elsewhere in this Newsletter.

BUILDING COMMITTEE

On March 12th, our Building Committee signed a contract with Architect Larry Lisbona of Overland Park. He was here last week taking measurements and making sketches. At present he is working for us by the hour.

TRADITION

For many, many years, centuries, it has been a tradition in our Lutheran Church to worship and receive Holy Communion on Maundy Thursday and Good Friday. Sad to say, it is a tradition that today is being set aside. There are churches that are no longer having these services. Let's not let this happen here at Trinity. Let's pray and encourage so that every member of Trinity will be here to hear, worship, and receive Holy Communion on these sacred days. It is especially important that parents bring their children to experience these services. Childcare will be available. Individual cups will be used on Good Friday.

TENEBRAE SERVICE

Tenebrae Service will again be at 10:00 p.m. on Good Friday. If you have not been to this "Service of Darkness", let me encourage you to come this year. Also, this is a service that children should experience.

EASTER SERVICES

Easter Services will be at 7:00, 8:45, 10:30 a.m. and 6:30 p.m. Easter breakfast will be from 7:45 to 10:15 a.m. Childcare will be available at the 8:45 and 10:30 a.m. services. There will be no Sunday School or Bible Classes that day. We pray that you and every member of Trinity will be here that day to hear these great words, "He is risen" and worship our Resurrected Lord.



KAIR RADIO BROADCASTS

We are almost there. We now have sponsors for 40 of our 2019 KAIR Radio Broadcasts. We need 52, so we are looking for twelve more. Cost: \$50.00 per Sunday.



VACATION BIBLE SCHOOL

The dates for Vacation Bible School have been set, June 2nd – 7th. Spread the word and keep these dates open for your children. The enrollment blank will be in the Easter Sunday bulletin.

NATIONAL YOUTH GATHERING

Our youth are raising funds in order to attend the National Youth Gathering this summer in Minnesota. They have been having bake sales, Lenten Suppers and will have a labor auction on April 7th. Let me encourage you to help with your gifts.

PUBLIC RELATIONS COMMITTEE

Do you know that the following people are on the Public Relations Committee: Neil Wieland, Jeremy Blanton, Jamie Collins, Kevin Page, and Joanie Sinclair? Thank you to these folks for the work they do on our website, Facebook, advertising, etc.

COMMUNION SUNDAYS

Almost every Communion Sunday, I see people come to Communion and then immediately leave or even leave before communion. This should not be. So often when you as a member leave, visitors around you also leave. We then do not get to meet with these visitors. So, unless it is an emergency, let this be an encouragement not to leave the service until you have received the Blessing of the Benediction.

April will be filled with much activity, worship and celebration. Hope to see you often.

Peace!

Pastor Ziegler



THE FINANCIAL PICTURE

Home	Needed in 2019	\$ 242,101.21
	Given in 2019	228,766.96
Missions	Needed in 2019	10,662.47
	Given in 2019	8,964.67
Building	Needed in 2019	8,250.93
	Given in 2019	8,650.28

At the end of the first quarter we are ahead in one area of our budget and behind in two areas. In the BUILDING budget we are AHEAD \$399.35. In the MISSION budget we are BEHIND \$1,697.80 and in the HOME budget we

are BEHIND \$13,334.25. In April you will receive your stewardship report for the first quarter. Please stop in the narthex to pick it up. Thank you to those who make up their offering when they miss worship and thank you to those who bring them by the office or send them through the mail. Such commitment is evidence of your love for the Lord and for your church, Trinity.

Special gifts during March were:

Bethesda Home	92.00
Lutheran Hour	272.00
Lutheran World Relief	421.00
Trinity Place Endowment Fund	60.00
KAIR Broadcast	700.00
Flower Fund	35.00
Loaves and Fishes	60.00
Initial Offering	60.25
Portals of Prayer	82.75
Vacation Bible School	50.00
Lutheran Heritage Foundation	62.00
Playground Fund	30.00
Speaker Fund	300.00
Emergency Fund	34.00
Technology (current) Fund	83.00
Organ Fund	50.00
Garage/Maintenance Building	100.00

With these gifts this is how our BENEVOLENCE PICTURE looks:

<u>BENEVOLENCE</u>	<u>GOAL</u>	<u>GIVEN</u>
Bethesda Home	\$ 1,100.00	324.00
Luth. Heritage Found.	600.00	147.00
Lutheran Hour	900.00	848.50
Luth. World Relief	3,500.00	885.58

Thank you for using these envelopes which are in the front of your packets. Each one of these benevolences touches the needs of people.

We have now received \$43,451.40 toward the Garage/Maintenance Building. If you wish to give a special gift for this, simply mark it "Garage/Maintenance Building". Cost of the building will be around \$98,000. Every dollar given means one less dollar to borrow.

As of this writing (April 1) we have 43 sponsors for our 2019 KAIR Broadcasts. Only nine more to go. Cost: \$50.00 per Sunday.

David Green, Founder and CEO of Hobby Lobby has written a book entitled "Giving It All Away and Getting It All Back Again: The Way of Living Generously". Here is a quote: "My journey into generosity has shown me two important things, among others. First, generosity has a starting point. You don't just wake up one day and poof, your generous. It begins with a decision to steward your resources with a heavenly mindset. Second, generosity depends not on how much money we have, but on the posture of our hearts."

WHERE does the money go? Some goes for property insurance, \$25,320.00; for janitorial supplies, \$6,800.00; for inspection fees, \$2,000.00 for mechanical repairs, \$8,500.00; for solid waste disposal, \$1,080.00

Thank you for your faithful giving.

LOOKING BACK

Ten Years – April 2009

.....Emma and Lola Handke were baptized on March 15th.
.....Funeral services for Bernice Welch, 90, were held on March 27th.

.....Rooms at Trinity Place were being painted and the elevator was being installed.

.....David and Beverly Cain, Dr. Aaron and Shelly Sinclair, Robert Mueller, Ross and Jennie Fuhrman, Phillip and Sarah Sinclair, Jeremy and Melissa Blanton, Cortney Thompson and Michael Stonebarger, refurbished (new paint, new carpet, new tile) in the Childcare Center.

.....Comedienne Kelly (Lemoine) Sisney put on a great comedy program in the gym. Kelly graduated from Trinity School in 1978.

.....On March 15th, a Call was extended to Miss Rachel Micheel to become first grade teacher at Trinity School



Twenty Years Ago - 1999

.....Many members of Trinity were planning to serve at the Ralph Bell Crusade in St. Joe.

.....March 28th was Mike Peitsch's last Sunday for playing the organ at Trinity.

.....The Building and Grounds Foundation received a bequest of \$10,158.22 from the estate of Agnes Faurot.

.....Carilyn Blasi received the Sunday School Teacher of the Year Award and Randy Jewell received the Little Shepherd of the Year Award.

.....Debt on the new building was \$387,885.65.

Thirty Years Ago - 1989

.....Mark Easterday, Dan Peitsch, Mike Schmidt, Charlie Peitsch and Allen Reinke were members of Trinity's Brass Choir.

.....One Kennedy team making calls on Monday evenings was Sarah Witte, Ruth Bareiss and Robert Frisbie.

.....A "Pew Cushion" Fund was started.

Forty Years Ago - 1979

.....Don Kempin set a PTL record by selling 108 tickets for the Annual Chili Supper.

.....Pam Higley received an award for an essay she wrote, "What My Family Means to Me" and Colton Otte and Luke Schmelzle received awards for posters they made for the Atchison Community Conservation District.

LADIES TEA

The Annual Ladies Tea will be Friday, April 26th, 6:00 pm in the church basement! Come enjoy tea (coffee and lemonade will also be provided), scrumptious bite-sized treats and fellowship filled with laughter! All ladies welcome, so invite all your friends! A sign-up sheet is in the bulletin or contact Liz Hofacker, 913-940-0690.

THE TOP TEN REASONS

I LOVE GOING TO

TRINITY LUTHERAN CHURCH

1. We believe God's word is GOD'S WORD!!
2. I see God living in so many people in our church by their selfless devotion to His mission in the world today.
3. I have gone to Trinity for so long, everybody seems like part of my family....I get encouragement, correction, smiles, and best of all, hugs when I come, not only on Sunday mornings, but any time during the week.
4. I get to hear the children sing and hear them as they pray with us; their voices truly are music to my ears, whether they are singing or speaking the words which we love in the Lord's Prayer.
5. I get to see young families and remember when we had 4 children to get ready and bring with us. I must say when they were old enough, I never had to remind them to get up and get ready...they did it themselves, Praise the Lord!
6. I love to see the expressions on the faces of people I have notes for; mostly dismay as they know I've got some work for them but smiles of relief when I assure them the message says nothing about a job!
7. The people who greet me at the door always have a smile and seem genuinely glad to see me!
8. I not only get to hear the Gospel in a sermon, but also in hymns and choir songs, and in the loving words spoken to me by many kind people.
9. Sundays have always been a special day for me, and this is as true today as it was when I got to go to church with friends who invited me, when I was confirmed at the age of 16, and every day since; I truly feel Sunday is God's day, and He always has something special for me in church on that day.
10. I am at the age where I realize there is much more to life than physical existence, and I feel most alive in church with God's people!

By: Esther Ziegler
(April 1999 Newsletter)



April is Alcohol Awareness Month. The following is reprinted from www.healthline.com and contains a lot of useful information. I would like to add, in addition to the support groups listed; there is a specifically Christian support group called Celebrate Recovery. This group provides support for dealing with addictions and other life problems.

Blessings, Marcene Selberg Rn, Parish Nurse

Alcohol Addiction

What is alcohol addiction?

Alcohol addiction, also known as alcoholism, is a disease that affects people of all walks of life. Experts have tried to pinpoint factors like genetics, sex, race, or socioeconomics that may predispose someone to alcohol addiction. But it has no single cause. Psychological, genetic, and behavioral factors can all contribute to having the disease.

It's important to note that alcoholism is a real disease. It can cause changes to the brain and neurochemistry, so a person with an alcohol addiction may not be able to control their actions.

Alcohol addiction can show itself in a variety of ways. The severity of the disease, how often someone drinks, and the alcohol they consume varies from person to person. Some people drink heavily all day, while others binge drink and then stay sober for a while.

Regardless of how the addiction looks, someone typically has an alcohol addiction if they heavily rely on drinking and can't stay sober for an extended period of time.

What are the symptoms of alcoholism?

Alcohol addiction can be difficult to recognize. Unlike cocaine or heroin, alcohol is widely available and accepted in many cultures. It's often at the center of social situations and closely linked to celebrations and enjoyment.

Drinking is a part of life for many people. When is it common in society, it can be hard to tell the difference between someone who likes to have a few drinks now and then and someone with a real problem.

Some symptoms of alcohol addiction are:

- *increased quantity or frequency of use
- *high tolerance for alcohol, or lack of "hangover" symptoms
- *drinking at inappropriate times, such as first thing in the morning, or in places like church or work
- *wanting to be where alcohol is present and avoiding situations where there is none
- *changes in friendships; someone with an alcohol addiction may choose friends who also drink heavily
- *avoiding contact with loved ones
- *hiding alcohol, or hiding while drinking
- *dependence on alcohol to function in everyday life
- *increased lethargy, depression, or other emotional issues
- *legal or professional problems such as an arrest or loss of a job

As an addiction tends to get worse over time, it's important to look for early warning signs. If identified and treated early, someone with an alcohol addiction may be able to avoid major consequences of the disease.

If you're worried that someone you know has an alcohol addiction, it's best to approach them in a supportive way. Avoid shaming them or making them feel guilty. This could push them away and make them more resistant to your help.

What health complications are associated with alcoholism?

Alcohol addiction can result in heart disease and liver disease. Both can be fatal. Alcoholism can also cause:

Ulcers, diabetes complications, sexual problems, birth defects, bone loss, vision problems, increased risk of cancer suppressed immune function.

If someone with an alcohol addiction takes dangerous risks while drinking, they can also put others at risk. According to the Centers for Disease Control and Prevention (CDC), drunk driving, for example, takes 28 lives every day in the United States. Drinking is also associated with an increased incidence of suicide and homicide.

These complications are reasons why it's important to treat alcohol addiction early. Nearly all risks involved with alcohol addiction may be avoidable or treatable, with successful long-term recovery.

What are treatment options for alcoholism?

Treating alcohol addiction can be complex and challenging. In order for treatment to work, the person with an alcohol addiction must want to get sober. You can't force them to stop drinking if they aren't ready. Success depends on the person's desire to get better.

The recovery process for alcoholism is a lifetime commitment. There isn't a quick fix and it involves daily care. For this reason, many people say alcohol addiction is never "cured."

Rehab

A common initial treatment option for someone with an alcohol addiction is an outpatient or inpatient rehabilitation program. An inpatient program can last anywhere from 30 days to a year. It can help someone handle withdrawal symptoms and emotional challenges. Outpatient treatment provides daily support while allowing the person to live at home.

Alcoholics anonymous and other support groups

Many people addicted to alcohol also turn to 12-step programs like [Alcoholics Anonymous \(AA\)](#). There are also other support groups that don't follow the 12-step model, such as [SMART Recovery](#) and [Sober Recovery](#).

Regardless of the type of support system, it's helpful to get involved in at least one when getting sober. Sober communities can help someone struggling with alcohol addiction deal with the challenges of sobriety in day-to-day life. Sober communities can also share relatable experiences and offer new, healthy friendships. And these communities make the person with an alcohol addiction accountable and provide a place to turn to if there is a relapse.

Other options

Someone with an alcohol addiction may also benefit from other treatments including: drug therapy, counseling, nutritional changes

A doctor may prescribe drugs to help certain conditions. For example, antidepressants, if someone with an alcohol addiction were self-medicating to treat their depression. Or a doctor could prescribe drugs to assist with other emotions common in recovery.

Therapy is useful to help teach someone how to manage the stress of recovery and the skills needed to prevent a relapse. Also, a healthy diet can help undo damage alcohol may have done to the person's health, like weight gain or loss.

Alcohol addiction may involve several different treatment methods. It's important that each person get involved in a recovery program that will support long-term sobriety. This could mean an emphasis on therapy for someone who is depressed, or inpatient treatment for someone with severe withdrawal symptoms.

What are resources for treating alcoholism?

For more information about alcoholism or to help a loved one find options for help, it may be best to talk to a doctor. They can refer you to local programs, such as treatment centers or 12-step programs. Also, the following organizations may be helpful:

[National Council on Alcoholism and Drug Dependence \(NCADD\)](#)

[National Institute on Alcohol Abuse and Alcoholism \(NIAAA\)](#)

[National Institute on Drug Abuse](#)

[Substance Abuse and Mental Health Services Administration](#)

[DrugFree.org](#)

What is the outlook for alcoholism?

Early treatment of alcoholism is most effective. Addictions that have gone on longer are harder to break. However, long-term addictions can be successfully treated.

Friends and family members of people who have an alcohol addiction can benefit from professional support or by joining programs like [Al-Anon](#).

Someone with an alcohol addiction who has remained sober for months or years may find themselves drinking again. They may binge drink once or drink for a period of time before getting sober again. But a relapse doesn't indicate failure. It's important that the person get back on track and resume treatment.

Ultimately, sobriety is the responsibility of the person who has the alcohol addiction. It's important to not enable destructive behaviors and to maintain appropriate boundaries if the person with the alcohol addiction is still drinking. This can mean cutting off financial assistance or making it difficult for them to fulfill the addiction.

As a loved one of someone with an alcohol addiction, try to be encouraging and provide emotional support.

5 sources

Alcohol and public health. (2016, February 10). Retrieved from [cdc.gov/alcohol/](https://www.cdc.gov/alcohol/)

Impaired driving: Get the facts. (2016, April 15) [cdc.gov/motorvehiclesafety/impaired_driving/impaired-driv_factsheet.html](https://www.cdc.gov/motorvehiclesafety/impaired_driving/impaired-driv_factsheet.html)

Mayo Clinic Staff. (2015, July 25). Alcohol use disorder [mayoclinic.com/health/alcoholism/DS00340](https://www.mayoclinic.com/health/alcoholism/DS00340)

National Institute on Alcohol Abuse and Alcoholism. (n.d.) Retrieved from [niaaa.nih.gov/](https://www.niaaa.nih.gov/)

Treatment for alcohol problems: Finding and getting help. (2014) pubs.niaaa.nih.gov/publications/Treatment/treatment.htm

Easter Greetings!

The 3yr. old's have been busy this year. We are working hard on our sticker cards to see how much we learned and then receive a sticker for it. We have learned many stories about Jesus, but most important, that Jesus loves them. Currently, we are learning about the events that led up to the crucifixion and, of course, his crucifixion and resurrection.

It's so fun for me, to see the children's faces when we learn about Science. There's so much in our world that falls under the science category; how things move, pushing & pulling, up & down, wheels, how sound travels, what floats & what sinks and other things. We did an experiment with Peeps. They majority thought they would sink, and, of course, they floated. Then we looked at the water. The sugar had melted and turned the water yellow. put On Tuesday, we will put one in the microwave to see what will happen. We will also put one in the freezer to see what cold does. At the bottom, you will find pictures of the kids during the sink/float experiment.

It's so fun to see the children's faces when we learn about Science. There's so much in our world that falls under the science category; how things move, pushing & pulling, up & down, wheels, how sound travels, what floats & what sinks and other things. We did an experiment with Peeps. They majority thought they would sink, and, of course, they floated. Then we took a look at the water. The sugar had melted and turned the water yellow. put On Tuesday, we will put one in the microwave to see what will happen. We will also put one in the freezer to see what cold does. At the bottom, you will find pictures of the kids during the sink/float experiment.

We are excited for our upcoming Easter Egg Hunt. It is our last party of the year. The last activity will be our Picnic at Reisner Park. That is always a great day. Playing and eating, what could be better?

Guess what's coming to town in May? The Circus!

And, it's a three ring Circus. Pk3-2nd grade will start practicing in the gym after Easter. We have animal acts, tight-rope walkers, acrobats, strongmen, flamethrowers, ring master, trampolinists, clowns, dancing bears, candy butchers and last, but not least, our clean-up crew. If I missed something, you'll just have to attend to see it all. It is always the best Circus ever! Even if you don't have a child participating, it's still a great show. Please join us Thurs. May 9th in the "Big Top" at 6:30.

God's Blessings,
Mrs. Trainer
Mrs. Harden

A.M.



P.M.



FAMILY FUN NIGHT IS COMING.....APRIL 12; FROM 5:00-7:30 P.M. IN THE TLS GYM!!!!
CARNIVAL GAMES BEGIN AT 5:30. COME HAVE DINNER AND JOIN IN THE GAMES AND
ACTIVITIES WITH YOUR CHILDREN, GRANDCHILDREN, FRIENDS, NEIGHBORS, COUSINS,....
COME ONE, COME ALL! 😊

THIRD QUARTER HONOR ROLL:

4th Grade:

Highest Honors- Chloe Brincefield and Parker Kinsman

Honor Roll- Derek Blanton, Lola Handke, Aiden Heinlein,

Honorable Mention- Lindsey Hetz, Scarlett Johnson, and Kailee Kistler

5th Grade:

Highest Honors- Michael Fuhrman, Eli Harper

Honorable Mention- Laura Roesch

6th Grade:

Highest Honors- Cassidy Blanton, Dillon Gilbert, Isaac Hoffman, Max Lopez

Honor Roll- Kaden Burge, Gavin Moore, and Daniel Wagner

Honorable Mention- Lorene Peuker

7th Grade:

Highest Honors- Emily Fuhrman, Maddie Green, and Alexis Trautloff

Honor Roll- Preston Blakley, Josh Pierce

8th Grade:

Highest Honors- Alexis Andring, Jacob Blanton, Katelyn Brincefield, Emma Handke, Rebecca Hoffman, Micah Leonardi, Alex Schmutzler

Honor Roll- Elijah Brittian, Jaid Dewitt, Marin Moore

GATHERING OF THE TALENTS SHOWCASE AND OPEN HOUSE:

April 4th Trinity will present artwork of our students and a performance by the Gathering of the Talents Choir in our TLS Gym at 6:30 p.m.

The Team Falcon will hold a short meeting prior to the performance. After we hear the choir, classrooms will be open for parents to visit.

This is a good chance to meet the teacher and see the classroom of your child's teacher for the 2019- 2020 school year!

We hope everyone will plan to attend that evening!



WE HOPE YOU ENJOYED OUR STUDENTS PERFORMANCES DURING THE LENT SERVICES. THANK YOU FOR YOUR DONATIONS TO THE LEA FUND, DC GROUP, AND YOUTH ATTENDING THE NATIONAL YOUTH GATHERING THIS SUMMER

Easter Break is April 18-22 for Trinity Lutheran School.

Lisa Brookover, principal

CHURCH HOOPS BASKETBALL TOURNAMENT

Thanks to all the volunteers who generously gave up their day to make the first annual Church Hoops Basketball Tournament a great success. Huge THANKS to Dennis Draper and the youth who worked on registration, food, brackets, refereeing, clean-up and coordination of the tournament.

Dennis Draper, Pat Trainer, Lori Leonardi, Jason Curley, Jim and Joyce Duitsman, Neil Wieland, Mike Carney, Jennifer Brincefield, Megan Schneider, Eddie Gibson and youth such as Cameron Taft, August Malm, Michael Lemons, Ethan Piper, Jacob Blanton, Ady, Micah Leonardi, Katelyn Brincefield, Emma Handke, Jaid Dewitt, Rachel Lemons were the true backbone of this effort and did an extraordinary job with this event. In many ways they made this day one to remember for our community. They have my heartfelt thanks.

I also want to thank the First Christian Church (First Place), St. Benedicts (Third Place), and Trinity Lutheran (2nd Place) for their special contributions to this wonderful community day. All I can say is “thank you all” for helping make this day so special.



Next year, we'll be back, and I look forward to greeting our entire community at this fun event! But, for now, I want to say thank you to everyone!

Jeremy Blanton

A NEW MINISTRY

The recent flooding has highlighted the need to create the ability within our congregation to respond quickly to those in need. If you are able to help when you can, please consider joining us!

In addition to people with special skills such as plumbing, electrical, carpentry, general construction, or even a general handyman, we are looking for those simply willing to contribute their time and labor to help those in need.

There may be times where we need to move families, such as with the recent flooding. Other times, there may be specific need such as helping someone recover or clean up from incidents such as a fire.

Please let us know if you have vehicles you would be willing to use, such as trucks, trailers, vans, etc., as well as special equipment such as dollies.

If you are willing to assist when able, please call Eric Berry at 913-426-1808.