

The NEWSLETTER

Of

Trinity Lutheran Church

603 North 8th Street

Atchison, KS 66002

(913) 367-2837

Lutheran Church - Missouri Synod

Web Page - www.trinityatchison.org

Facebook – www.facebook.com/trinitylutheranatchison

Reverend Robert Ziegler and Reverend Marty Reed

Worship times: 8:00 and 10:30 a.m.

and 6:30 p.m.

Sunday School & Bible Classes: 9:15 a.m.

Vol. 66 No. XI

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FROM PASTOR ZIEGLER'S DESK



Home	7
Hospital	2
Shut-Ins	2
Meetings & Classes	30
Hours Counseling	9

BAPTISM

One "little one" was brought to Holy Baptism in October: Denver Jeffrey Elizabeth Killgore on the 18th. Denver is the great granddaughter to Charlotte Ziegler. Her parents live in El Dorado, Kansas. We pray God's blessings upon Denver and her parents and siblings.

FUNERALS

Four funerals were conducted from Trinity during October. Services were held for Geri May Lone, 76, on October 13th. Geri was the mother of Diana Servaes. Services were held for Cody Wayne Kley, 30, on October 19th and services were held for Robert E. Hanf, Sr., 82 on October 22nd. Services were held for Herman, 82, and Dolores, 80, Ackmann on October 24th. Dolores went to be with Lord on September 21st and Herman followed on October 13th. Both were committed, devoted and active servants of the Lord. We pray God's comfort to all who mourn the loss of these loved ones. And, we remember the words of Jesus, "Because I live, you also will live".

WORSHIP SERVICES

We continued in-person worship in October. Our attendance had been gradually growing and reached 242 on October 4th. But then Trinity School had to go viral and attendance dropped to 178 on October 11th.

Gradually again folks are returning. On October 18th, we had 191 and on October 25th we had 208. We continue to social distance by sitting in every other pew. Many people are wearing mask and we have hand sanitizer in several places. We continue to use the individual cups for Holy Communion. Also, several people sit in the basement and watch the service via streaming.

STREAMING

We are continuing to stream our 8:00 a.m. service. If you are fearful about the two morning services, come to the 6:30 p.m. service. There is plenty of room for social distancing. There are many people we have not seen since March. We hope that you are listening to our radio broadcast, K.A.I.R. at 9:30 a.m. on Sunday morning or watching the streamed service at 8:00 a.m. or sometime during the day. Hearing God's Word is so very important for a healthy and growing faith. Also, let me encourage you to be reading your Portals of Prayer every day, the Scriptural passages at the top of each page and then the devotional.

Please continue to send or bring your offerings. We've noticed that those who have made pledges are very faithful in doing this. What we are missing are the gifts of those who did not pledge and the plate offerings. We are praying that soon we will be hearing and receiving from everybody.

ANNUAL DAY OF PRAYER

November 14th, 8:00 a.m. until 11:00 p.m., is our Annual Day of Prayer. So far, 126 people have signed up for this. There will be plenty of room for social distancing for this. Only a few are signed up for the afternoon and evening hours.

LOYALTY SUNDAY

Loyalty Sunday is November 15th, the week before you will receive a letter about our ministry needs for next year and a pledge sheet. If the COVID-19 situation continues into the new year, pledging will be more important than ever estimating income and setting the budget for next year.

50th ANNIVERSARY SCHOOL ENDOWMENT

In October, we received three gifts for our 50th Anniversary School Endowment Fund Offering. As of this writing we have received 93 gifts and a total of \$28,650.00. Please note again in this Newsletter the special page listing those who have given and when they graduated from Trinity School. We are hoping to hear from more graduates and friends in the next three months in order to make our 50th Anniversary goal of \$50,000. If you attended Trinity School since 1969 you were blessed by the School Endowment Fund. With a special gift at this time you will make possible the same blessings for children now and in the future.

THANKSGIVING

There will be no Thanksgiving Dinner this year. We look forward to 2021. We will have Thanksgiving Services though. On Thanksgiving Eve, the service will be at 7:00 p.m. and on Thanksgiving morning at 9:00 a.m. Holy Communion will be given on Thanksgiving morning. The Thanksgiving offering will be our 2nd Mile Offering this year.

MEMBERSHIP LETTERS

We have mailed several "membership" letters. Sad to say, we have received no answers. Even sadder to say, we will probably be releasing some members in the near future.

SIGN

Have you noticed the new plate on the sign in front of the church? Pastor Reed's name has been added. Thank you to Byrd Memorial (Les, Grace and Paul Burchett) for this new work and addition.

THIS MONTH'S READ

The read this month has been a little book entitled "The Post Quarantine Church". It is about what COVID-19 is doing to congregations and the challenges and opportunities we are going to face after it is gone.

**COUNT YOUR
BLESSINGS.**
NAME THEM ONE BY ONE.
COUNT YOUR
MANY BLESSINGS
SEE WHAT GOD HAS DONE.

L.W.M.L.

Our ladies sent 205 quilts and 27 baby kits to World Relief. Thank you to the faithful ladies who quilt on Tuesday afternoons and the faithful ladies of Theodora Circle who put together the baby kits.

NEW ELDERS

We have two new Elders, Ryan Halling and Tom Wilson. Elsewhere in the Newsletter, we have listed the families who have been assigned to these men. When they come to call, please accept them in the name of our Lord. Our Elder's call on the first and third Tuesdays of each month.

The list of those who have not communed this year is still long. Let's encourage one another and pray for one another.

In these "not normal" times, please pray for your church Trinity. Am hoping to see you again, soon.

Peace!

Pastor Robert Ziegler

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THE FINANCIAL PICTURE

Home	Needed in 2020	\$ 795,477.64
	Given in 2020	776,360.11
Missions	Needed in 2020	35,268.60
	Given in 2020	31,282.95
Building	Needed in 2020	27,288.66
	Given in 2020	29,292.84

Our Financial Picture maintained during October. At the end of 10 months we are BEHIND \$19,117.53 in the HOME budget, BEHIND \$3,985.65 in the MISSION budget and \$2,004.18 AHEAD in the BUILDING budget. November will be a tough month because of five Sundays, but we are going to make the Thanksgiving Offering a 2nd Mile Offering, so, we pray that it will not only be a keep up offering, but also a make-up offering.

After next week the offering envelopes for 2021 will be on the tables in the church basement. Please stop and pick up your box.

Special gifts during October were:

Lutheran World Relief	230.00
School Sponsor Plan	1,430.00
Loaves and Fishes	40.00
Emergency Fund	6.00
Bethesda Home	5.00
Lutheran Heritage Foundation	5.00
Flower Fund	20.00
Pew Cushion Fund	253.00

With these gifts this is how our BENEVOLENCE

PICTURE looked at the end of October:

<u>BENEVOLENCE</u>	<u>GOAL</u>	<u>GIVEN</u>
Bethesda Home	\$ 1,100.00	\$ 802.00
Luth. Heritage Found.	600.00	408.00
Lutheran Hour	900.00	849.00
Luth. World Relief	3,500.00	2,508.67

Two months to go to make our goals. We are almost there for the Lutheran Hour. The same is true for the Lutheran Heritage Foundation. But we have quite a way to go for Bethesda Home and Lutheran World Relief. When you hear Bethesda Home, remember "least of my brethren" and when you hear Lutheran World Relief, remember "I was hungry" and our Lord's words by using these envelopes.

Our debt on the Garage/Maintenance Building is now \$29,018.33. Please remember that the second Sunday of the month (November 8th) is "Debt Down Sunday". Extra gifts received that day through the Building Fund go to pay down the principle.

This year 90 families gave \$11,105.20 for "\$120 in '020". These gifts went into Dream Fund III to eventually help build the architect's drawings which are in the Narthex.

We now have 33 sponsors for this year's School Sponsor Programs. We need 40. We are hoping to have the last seven by the middle of November. A sponsor gives \$200.00 to help a child go to Trinity School.

Please think about this quote from a book entitled "The Giving Christian" by Kirk Nowery. "As I've explored the Bible to find out what it means to be a Giving Christian, I have been reminded that giving has to do with much more than money. But it absolutely, positively does have to do with money. Let's be clear about that and make no apologies for that fact. I have heard for many years that giving the tithe is so 'old school'. But when I look at the Scriptures, it is evident that responsibility giving is foundational. It is the cornerstone on which sacrificial giving is built. Responsibility and sacrifice are in fact, common to the practice of believers in both the Old Testament and the New Testament eras."



BEQUEST

On October 27th, Bill Magers brought me a check for \$40,000 for the School Endowment Fund, a bequest from the estate of Mrs. LaVerne Magers. Bill said that his mother had asked that he remember her church, Trinity when he settled her estate. Bill and his sister Pat Shanes decided that they would give this amount to the School Endowment Fund. LaVerne graduated from Trinity School as did Bill and Patty.

Bill drove down from Creston, Iowa, to give us the gift. In our visiting he talked about what a blessing Trinity School had been to him, his sister, and their mother.

We thank your Lord for LaVerne, who was always a faithful steward for remembering the Lord's work and for Bill and Patty and the decision they made in honoring their mother.

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MISSION ENDOWMENT FUND

Since April, the Mission Endowment Fund has received \$3,101.00 in gifts and memorials. This brings the given-assets of this fund to \$123,415.72. Last year we received \$8,684.96 in dividend and interest income from this fund. All of this went to various mission projects.

The fund received \$1,194.50 in the Ascension Day and Pentecost Day envelopes. Thank you to all who gave in these envelopes.

Two memorial gifts received were for Joel Wilburn, \$200.00 and Angela Ziegler Williams, \$100.00. A thanksgiving gift of \$1,000.00 was received from one of our members.

The following gifts have been given since April:

Hunger Task Force—Atchison (Catholic Charities)	\$400.00
Mission Central, Mapleton, Iowa	\$350.00
International Student Ministry	\$200.00
Unity Lutheran Mission, Pittsburg, PA	\$500.00
"Apple of His Eye" (Jewish Mission) LCMS	\$250.00
Camp Dixon Lutheran Ministries	\$500.00
Atchison United Way	\$250.00
Chelsea Irwin-Czech Republic Mission	\$500.00
Lend-A-Child, Zacapa Guatemala	\$500.00

Since its beginning in December 1989, our Mission Endowment Fund has given \$101,771.42 to various missions in America and overseas.

From the desk of

Pastor Marty Reed

*“Give thanks to the LORD,
for He is good, for His steadfast love endures forever” (Psalm 136:1).*

Dear Members and Friends of Trinity,

Yes, the steadfast love of the Lord will continue throughout all eternity. Jesus, God’s Son, our Savior and Lord, is risen from the dead, and lives and reigns to all eternity. Jesus was delivered up for our trespasses and raised for our justification. Because Jesus lives, we are certain we will live forever delighting in God’s steadfast love!

That is something we Christians believe in and are thankful for, expressing that in our prayers, in the hymns we sing in church, in the words we speak in the worship service and to our family, friends and neighbors, in all that is taught in our Bible classes and to our children and grandchildren at TLS and in Sunday school classes, and in the way we live our lives.

Along with the Apostle John we Christians show we believe in and love God and are thankful all God’s good gifts by striving to keep God’s Commandments. The Apostle John wrote, “This is love for God: to obey His commands. And His commands are not burdensome” (1John 5:3).

Again, we Christians show we believe in and love God, and are thankful for all God’s good gifts through our worship and offerings. “Ascribe to the LORD the glory due His name; bring an offering and come into His courts” (Psalm 96:8)! “I will sacrifice a thank offering to You and call on the name of the LORD” (Psalm 116:17). So, we give thanks by calling on God’s name in Christian worship with other believers, and by giving to Jesus’ church a generous, first-fruits portion [tithe] of all that He has given to us.

And with the Old Testament patriarch Jacob, we Christians acknowledge how obeying God’s commands and giving our offerings do not make us worthy of any or all of God’s blessings. Jacob once prayed, “O God... I am not worthy of the least of all the deeds of steadfast love and all the faithfulness that You have shown to Your servant” (Genesis 32:9-10). We Christians speak, and live, and pray with the same attitude.

Clearly, how we Christians talk and live our lives is how we give thanks to God.

Thanksgiving blessings, Pastor Reed

SOME NEW TESTAMENT VERSES ABOUT THANKS...

Ephesians 5:4, 20— Let there be no filthiness nor foolish talk nor crude joking, which are out of place, but instead let there be thanksgiving... Giving thanks always and for everything to God the Father in the name of our Lord Jesus Christ.

Philippians 4:6— Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God.

Colossians 3:17, 4:2— Whatever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through Him.... Continue steadfastly in prayer, being watchful in it with thanksgiving.

1Thessalonians 1:2, 5:20— We give thanks to God always for all of you, constantly mentioning you in our prayers.... Give thanks in all circumstances; for this is the will of God in Christ Jesus for you.

1Timothy 4:4— For everything created by God is good, and nothing is to be rejected if it is received with thanksgiving.

LOOKING BACK

Ten Years – November 2010

.....Adyson Bires, Emma Clowers and Lexi Sinclair were baptized.

.....Courtney Trainer and Tony Daniels were married, October 23.

.....Funerals were held for Frances Roles, 87 and Wayne Hetz, 60.

.....Nineteen members completed Pastor's T.E.A.M. Class "A History of Christianity".

.....At Trinity School, Monica Lennington was the "Count on More" student for October, recognized for her trustworthiness.

.....\$110 in '010" received \$11,324.00 from 102 families.

.....Proposed budget for 2011 was \$846,028.00.

Twenty years ago - 2000

.....September 30 and October 1, we celebrated the 25th Anniversary of our Kennedy Callers. Rev. David Schmitt, professor of preaching and evangelism at Concordia Seminary, St. Louis, was the banquet speaker, attended by 100 people on Saturday night. He also preached on Sunday morning. Jerry and Tony Bisping were here from Georgia.

.....At Trinity School, volleyball coaches were Kristin Harris, Angie Gray, Lori Trainer, Shari Wagner, Esther Barg and Richard Pennington. Frank Paris and Pat Trainer were soccer coaches.

.....Homebuilders and Faith Builders met together to view the video, "Agent of Grace", the life of Dietrich Bonhoeffer.

Thirty Years Ago - 1990

.....Pastor and Esther attended a seminar led by Dr. Jerry Falwell at Thomas Reed Baptist Church in Lynchburg, VA. Dr. James Kennedy of Evangelism Explosion was one of the featured speakers.

.....Debt on the new building was \$600,005.03.

.....Mark Easterday and Dan Peitsch played trumpets and Allen Reinke and Charlie Peitsch played trombones for our Reformation Service.

Forty Years Ago – 1980

.....Over 500 dinners were served at the LWML Fall Supper.

.....Ella Lehl was Acting Principal at Trinity School.

Fifty Years Ago – 1970

.....The following little girls were in Trinity's Brownie troop: Anne Ziegler, Debbie Handke, Kathy Rockey, Cindy Stone, Lori Bareiss, Karrie Kruger, Melissa Blodig, Teresa Carpenter, Brenda Falen, Tammy Fitkins and Sherri Coloff. Esther Ziegler and Lola Schmidt were leaders.

TRINITY LUTHERAN CHURCH ALTAR GUILD

Our Altar Guild is made up of 6 teams of ladies: Kathy Armstrong, Diane Kautz, Karen Persinger; Cindy Lassen, Loretta Lassen, Marcene Selberg, Judy Young; Cheryl Lanter, Joy Lennington, Pam Lutz, Willette Sinclair; Terry Crank, Penny Long, Treasurer, Linda Mead; Dorothy Carney, Linda Miller, Sharon Sellers, Roxana Tosterud, Secretary; Donna Davenport, Sandy Peuker, Debbie Schneider, President. Each team serves for one month at a time. These teams of ladies are spiritually committed to their service to glorify their Lord and the building up of His people.

They are responsible for making sure the altar is ready when needed. Sunday services, special services, funerals, day school chapel. These ladies make sure the linens and vestments are clean, communion ware is sanitized and ready for use, candles are filled & ready for the acolytes. Anything needed for the worship service to be held. These details are taken care of ahead of time with careful planning and preparation.

Usually on Saturday mornings the team gathers to prepare for Sunday's services. They make sure candles are filled; wicks are level for easy lighting for the acolyte. Communion is ready to be placed on the altar. Flowers are fresh and properly displayed on the altar.

Altar Guild has four regular meetings. The Jan & Nov meetings are held on the 2nd Tuesday @ 2pm in the church basement. The April & Sept meetings are held on the 2nd Tuesday @ 6pm in the church basement. Altar Guild also holds a special Christmas get together to enjoy each other's company and celebrate the birth of our Lord Jesus.

If you are interested in becoming a member of the altar guild, please contact one of the ladies mentioned above or join us at our next meeting that will be held Tuesday, Nov. 10th @ 2pm in the church basement. We would love to have you join us.

The Altar Guild members would like to extend a gracious thank you to Amelia Cawthorn for the many years of service she has given. Amelia has done everything imaginable when it comes to serving. She has been the perfect example of a good and faithful servant. "THANK YOU, AMELIA"



From the principal's desk!

Well, we have experienced some difficulties with the CoVid crisis as our school shifted to remote virtual learning for our students for the last two weeks in October. This was done to let those who are ill get better and keep the rest of our school and staff healthy. Hopefully, we will not have to have any more virtual learning days. Many thanks to our faculty who responded in a big way to develop and produce curriculum for our students to use these last few weeks.

Another change has been the resignation of Mrs. Karen Swendson who left this month to pursue another opportunity with the Effingham school district that involves her in closer work with children. We thank her for her service during her time here. Mrs. Sarah Sinclair has taken over for the interim as we look to find a replacement Administrative Assistant. May God lead us to find a sincere and capable worker.

Our girls' volleyball team played in two competitions this year and won both games. Members of the team coached by Tom Brincefield are Chloe Brincefield, Lindsey Hetz, Carly Harden, Lola Handke, Rebecca Wagner, Scarlett Johnson, Laura Roesch, Kailee Kistler, Annabelle Sinclair, Lorelei Bisping, Briahna Collins, Emma Clowers, and Rose Harper. Good job girls and Go Falcons.

Our 7th and 8th grade students were able to dissect Sheep's brains and learn about the different areas of the brain. The students noted how small a sheep's brain is and how it is necessary for a shepherd to guide and lead them to water and new pasture. Thankfully, the Lord works with all of us sheep in His Kingdom and watches over us. Ask any 7th or 8th grade student to tell you about the optic chiasma!

I heard that the 6th grade class was going to dissect an owl pellet later this week. This is actually an excellent opportunity to learn about the bones in our own body, as owls "spit up" the fur and bones of the little creatures they eat. By dissecting out the bones much can be learned and compared to the human skeleton. Drink your milk and keep those bones strong and healthy.

Lastly, our boys Soccer team have completed their season. This team fought hard and had one win with four losses. Coached by Dalton Sinclair the team members were Jackson Blakely, Joey Sinclair, Grayson Moore, Gavin Moore, Eli Harper, Max Lopez, Daniel Wagner, Gaige Gann, Mason Greene, Carter Gann, and Joe DeWitt. Please help congratulate these young men on a hard fought season.

It is good to see students in our building again. We thank our parents who have been patient with the new changes this year. We all hope and pray that this pandemic will end soon, and we can get back to having a normal school year. I am looking forward to Thanksgiving. Many of you may have relations to see that you have put off visiting. I pray that we are all able to see those loved ones that we have missed.

God keep you close.

Dr. Steve Hobus

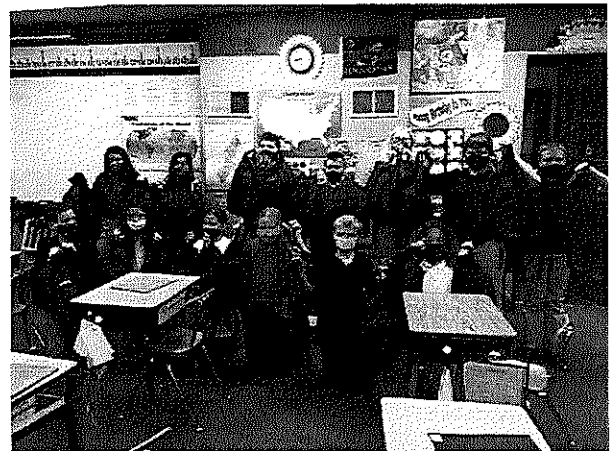
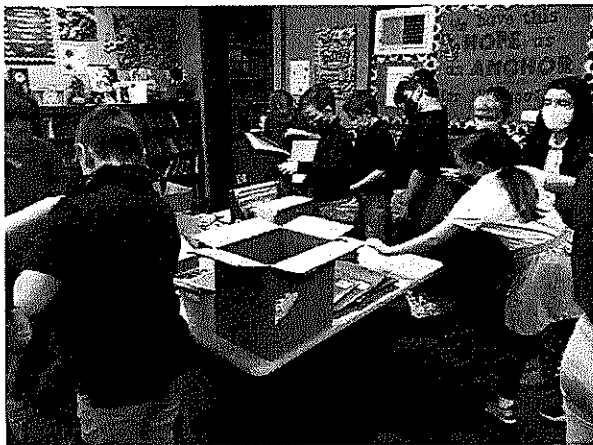
Hello from 4th and 5th Grade!

School has been a little unusual lately, or should I say all too familiar? We worked remotely from October 14th to October 23rd. Teachers prepared packets of work for students to complete at home, just like we did last Spring. Parents picked up work, helped at home, and dropped off work back at school. THANK YOU, parents for all your help! The teachers were very happy to start school, in person, again on Monday, October 26th! (I think the parents were happy too!)

We collected school supplies for school kits for Orphan Grain Train as our 1st quarter chapel offerings. We used a Thrivent card to purchase backpacks. 4th and 5th graders put together 30 kits for us to send to children in need! (See pictures below). We also designated our monetary offerings for the 1st quarter. We are sending money that was given to Central Lutheran School in Newhall, IA. Frank Parris is the principal at the school. They were hit by the storm that went through in August. Their school building was damaged, so they had to postpone the start of school, and now they are in multiple buildings while the school is repaired.

We came back to school just in time to study about Martin Luther and the Reformation. Students learned how Martin grew up being afraid of God and how he first thought he had to earn his salvation. Then they learned how after reading the Bible, he found out about God's love and FREE gift of salvation for all who believe! Happy Reformation Day!

Jill Lowe



SCHOOL ENDOWMENT FUND – FIFTY YEARS

As of October 25th, we have received \$28,650.00 from 93 graduates, former students, and friends of Trinity School. Gifts have come from many states: South Carolina, Iowa, Wisconsin, Kansas, Georgia, Nebraska, Texas, Missouri, Oklahoma, Tennessee, Michigan, Colorado, Arizona, California, Indiana and Vermont, Illinois. Here are the folks we have heard from so far and the year they graduated from Trinity. There are several years where no name is listed. Let's try to get one or some names under each year. And please note there are no names since 2007.

<u>1932</u> Cora (Bierbaum) Genail	<u>1959</u> Sue (Kruger) Sherffius	<u>1973</u> Sue (Kruger) Sherffius	<u>1990</u> Brian Young
<u>1937</u> Amelia (Gerhardt) Cawthorn	<u>1960</u> Mary (Fricke) Bohnmaier	<u>1974</u> Sue (Kruger) Sherffius	<u>1991</u> Jennifer (Johnson) Brincefield
<u>1946</u> Norma (Zabel) Dame	Carol (Scholz) Dupree	<u>1975</u> Sue (Kruger) Sherffius	<u>1992</u> Aaron Sinclair
Tom Sowers	<u>1961</u> Ron Estes	<u>1976</u> Anne (Ziegler) Compton	<u>1993</u> Kristin (Estes) Robinson
Betty (Otte) Jamison-Sowers	Jeanne (Handke) Durkin	<u>1977</u> Linda (Schmidt) Weatherly	Justin Weatherford
<u>1948</u> Jerry Bonnell	Sandra (Jaynes) Watowa	<u>1978</u> Eric Duitsman	<u>1994</u> Eric Duitsman
Richard Kaaz	<u>1962</u> Ron Estes	<u>1979</u> Pam (Higley) Wilburn	<u>1995</u> Stacie (Sherffius) Duitsman
Lois (Braun) Vowels	<u>1963</u> Warren Kaufman	<u>1980</u> Allison (Ziegler) Arends	<u>1996</u> Heather (Duitsman) Katzenmeier
<u>1949</u> Don Kempin	Marsha Durkin	<u>1981</u> Eileen Peterson	Thomas Lackey
<u>1950</u> Thomas Schmitt	<u>1964</u> Bonnie (Schmidt) Young	<u>1982</u> Ashley (Schneider) Bignell	<u>1997</u> Julie (Weatherford) Thiele
<u>1951</u> Rev. Robert Nestler	<u>1965</u> Lee Seetin	<u>1983</u> Brett Duitsman	
<u>1952</u> Rosalie (Jacobsen) Kearney	<u>1966</u> Mechelle (Ingels) Underwood	<u>1984</u> Jennifer Gerardy	<u>1999</u> Adam Goodpasture
<u>1953</u> Bill Magers	Patty (Handke) Woodruff	<u>1985</u> Veronica (Cairo) Fultz	<u>2000</u> Scott Lassen
<u>1954</u> Robert Peterson	<u>1967</u> Linda (Earl) Banks	<u>1986</u> Jeff Woodruff (Memorial)	Megan Schneider
<u>1955</u> Loretta (Boatright) Lassen	Ann Estes	<u>1987</u> Brittany Sowers	
<u>1956</u> Larry Jacobson	<u>1968</u> Glen Buckley, Sr.	<u>1988</u> Jeanne Johnson	
<u>1957</u> Norma (Hetz) Donahoo	<u>1969</u> Dean Kaufman	<u>1989</u> Jody Woodruff (Memorial)	
Sharon (Haeffele) Oestmann	Barb (Estes) Miller (Memorial)	Meredith (Cairo) Scherer	
Mary (Zabel) Miller	<u>1971</u> Paul Pyles		
<u>1958</u> Sandy (Genail) Green	<u>1972</u> Paul Pyles		
Connie (Miles) Harris			

Friends of Trinity School:

Bryan and Pattie Becker	Kevin and Mary Pieper	Jerry and Toni Bisping	Larry and Anita Sadowski
Jim and Joyce Duitsman	Hank Schlattmann	Mary (Miller) Eberhardt	Dora Williams
Mike and Jill Lowe	Merrill and Vonda Young	Nancy Nelson	Pastor Robert Ziegler
Sherrri Smith	Marvin Muhlenbruck	Marie Kiehl	Lois Estes
Archie and Kristine Sharp	Peggy Haase	Mike and Georgia Peitsch	John and Roschelle Bisping
Dr. Bill and Carolyn Hubble	Mildred Kruger	John and Debbie Boyer	Dave & Linda Goodpasture
Guy Maxwell	Bill Bewley	Pastor and Laurie Reed	David Page

Thank you to all the above for their gifts. We pray that during November we will be able to add many more names. Let's encourage and remind each other and pray God's continued blessings.

Thankfulness and Your Health

The Word tells us time and again to offer up sacrifices of thanksgiving; to be thankful and grateful. At face value, this may seem like one of those good ideas that God would want us to do for Him for His pleasure. Yet as we really look deeper into His ways, His commandments, and precepts, we find that they are specifically designed for our benefit and well-being. There is actually a link between thankfulness and your health. It hasn't been until recently that science has been able to observe the neurological, physical, and emotional benefits of gratitude.

It turns out that thanksgiving and gratitude can actually be a useful key to assist a person in their walk through life. Studies have shown that when people daily practiced gratitude they experienced improvements in many different areas of their lives.

5 Ways that thankfulness improves people's lives and health:

1. Improvements in their mental health, including a noted reduction of depression, PTSD and fatigue symptoms.¹ Also a reduction in toxic emotions from envy and resentment to frustration and regret.
2. Improvements in the subject's sleep, overall health, and sense of wellbeing.
3. Improved self-confidence in their own abilities to accomplish and complete tasks.
4. Improved cardiac function and reduced levels of inflammatory biomarkers in patients experiencing heart failure.²
5. Improved relatability and empathy for others resulting in healthier relationships

These researchers discovered that people who daily participated in an activity of gratefulness for a period of twelve weeks actually experienced a rewiring of certain thought pathways and lasting benefits for months beyond that period of time⁴. So when we practice thankfulness we are actually reprogramming our pathways of thought from the negativity of the enemy's kingdom to the positive influence of God's Kingdom.

I know from my own experience there are situations when thankfulness to God just wells up without effort. There are other situations when I have to remind myself to be grateful for the many things I take for granted. Thankfulness changes my focus from dissatisfaction with what I feel I don't have; to gratefulness for the blessings I do have. *Giving thanks always and for everything to God the Father in the name of our Lord Jesus Christ.* Ephesians 5:20 ESV

Blessings,

Marcene Selberg RN, parish nurse

1 <https://www.psychologytoday.com/us/blog/what-mentally-strong-people-dont-do/201504/7-scientifically-proven-benefits-gratitude>

2 <http://psycnet.apa.org/record/2015-13991-003>

3 <https://greatergood.berkeley.edu/article/item/howgratitudechangesyouandyourbrain>

4 <https://greatergood.berkeley.edu/article/item/whatcanthebrainrevealaboutgratitude>

MINISTRY - 2021

In August and September our various committees worked on their budgets for 2021. These were turned into the Finance Committee on October 7th. Adam Goodpasture and this committee then put the figures together to make the proposed budget for 2021.

The following is the result of the above work. The proposed budget for 2021 is \$1,060,518.00, an increase of \$22,945.00 (2.2%) over the budget for 2020 which was \$1,037,573.00. The increases are in four areas: salaries 2.0%, from \$532,319.00 to \$542,878.00; health insurance 4.2%, from \$243,622.00 to \$254,063.00; stewardship 4%, from \$4,900.00 to \$5,100.00; Christian Day School 5.8%, from \$30,255.00 to \$32,000.00. All other areas of the budget will remain the same: missions, music, administration, properties, parish education, evangelism, youth, fellowship, and maintenance.

All these figures point to the Lord's work being done here at Trinity: worship, the Gospel being preached, children being taught, hearts healed, souls comforted. Pray that we will receive the gifts needed to carry on the work planned.

IMPORTANT DATES FOR NOVEMBER

November 6 th	Chili/Soup Supper Fundraiser 5:00-7:00 p.m.
November 9 th	Blood Drive 1:00-6:00 p.m.
November 14 th	Annual Day of Prayer 8:00 a.m.-11:00 p.m.
November 15 th	Loyalty Sunday
November 25 th	Thanksgiving Evening Service 7:00 p.m.
November 26 th	Thanksgiving Morning Service 9:00 a.m.

Dear Thrivent Members,

~~We all know 2020 has been hard on our communities, and various groups and organizations could really use our~~ help. Thanks to the generosity of Thrivent Financial Services, Thrivent members have the ability to help others by using their two yearly Action Teams. Action Teams can be used for any type of community service project, fundraiser, or educational event. If you haven't used yours yet this year, how about having a food drive and make up Christmas baskets for others in need? Or a toy drive to help fill the Angel Tree needs? There are many other ways to benefit others. You just need to decide on a project and apply for your funds to make your project a reality! For more information or help applying for your Action Teams, please call Sherri Smith at 367-6992 or your financial representative, Jennifer Maxwell, or Alex Gehring, at 367-0700. Let's all be generous this year!

FAMILY ASSIGNMENTS

These will be the members/families for whom

Ryan Halling will be Elder:

Dillon Calhoun	Laura Calhoun
Amelia Cawthorn	Virginia Coble
Linda Crossland	Michael Green
Sandy Green	Terry & Shelly Hess
Rosie Kearney	Hope Kelly
Brittanie Kirkendoll	Cara Kohler
Jake & Teri Koehler	Brennan Lopez
Rebecca Lopez	Carl Megenity
Robert & Loraine Megenity	Peter Miller, Jr.
Eric Olson	Harold & Terri Olson
Stephanie Piper	Mike Richey
Ken & Schella Servaes	JoAnn Shumaker
Jim & Barb Sowers	Lois Vowels
Misti Wilson	Ron & Ruby Wood
Larry & Robin Zabel	

These are the members/families for whom **Tom**

Wilson will Elder:

Jeremy & Melissa Blanton	Tina Denton
Jeanne Durkin	Lakin Felton
Stacy Garoutte	Gene & Judy Hetz
Austin & Megan Hamilton	Terry & Beth Hamilton
Richard Higley	Anna Koenen
Beaver & Carrie Kurtz	Jeremy & Lottie Lee
Bryan & Jennifer Lentz	Lori Leonardi
Julie Lieberman	David & Connie McRae
Colton Otte	Mark & Sandy Reno
Jim & Mechelle Underwood	Tobin & Sara Warriner

TRINITY LUTHERAN CHURCH

603 N. 8th Street
 Atchison, Kansas 66002
 913-367-2837
 church-ks-.com
 www.facebook.com/trinitylutheranatchison



THE
 LUTHERAN CHURCH
 Missouri Synod

◀ Oct 2020	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Dec 2020 ▶
	1 Worship 8:00 am, 10:30 am, 6:30 pm 9:15 am Family Bible Hour 9:30 am KAIR Broadcast 4:00 pm Inquirer's Class 7:00 pm NA	2 1:15 pm Staff Meeting 6:25 pm Kennedy Calling 7:00 pm NA	3 1:00 pm Quilting 6:25 pm Elder's Calling 7:00 pm NA	4 8:30 am School Chapel 9:00 am Morning Break 6:00 pm Wednesday School 7:00 pm NA 8:00 pm Finance Committee	5 6:30 pm Bell Choir 7:30 pm Adult Choir	6 5:00-7:00 pm Chill/Soup Supper fundraiser 6:30 pm 55+ Potluck 7:00 pm NA	7 7:00 pm NA	
	8 Worship w/Communion 8:00 am, 10:30 am, 6:30 pm 9:15 am Family Bible Hour 9:30 am KAIR Broadcast 4:00 pm Inquirer's Class 7:00 pm NA	9 1:00-6:00 pm Blood Drive 1:15 pm Staff Meeting 6:25 pm Kennedy Calling 7:00 pm NA	10 9:00 am Circuit Meeting 1:00 pm Quilting 7:00 pm NA	11 8:30 am School Chapel 9:00 am Morning Break 6:00 pm Wednesday School 7:00 pm NA 8:00 pm Board of Directors	12 6:30 pm Bell Choir 7:30 pm Adult Choir	13 7:00 pm Baptismal Insl. 7:00 pm NA	14 8:00 am-11:00 pm Annual Day of Prayer 7:00 pm NA	
	15 Loyalty Sunday 8:00 am, 10:30 am, 6:30 pm 9:15 am Family Bible Hour 9:30 am KAIR Broadcast 4:00 pm Inquirer's Class 7:00 pm NA	16 1:15 pm Staff Meeting 5:45 pm Evangelism Meeting 6:00 pm W.I.P. Craft Night 6:25 pm Kennedy Calling 7:00 pm NA	17 1:00 pm Quilting 6:25 pm Elder's Calling 7:00 pm NA	18 8:30 am School Chapel 9:00 am Morning Break 6:00 pm Wednesday School 7:00 pm Day School Comm. 7:00 pm NA	19 6:30 pm Bell Choir 7:30 pm Adult Choir	20 7:00 pm NA	21 7:00 pm NA	
	22 Worship w/Communion 8:00 am, 10:30 am, 6:30 pm 9:15 am Family Bible Hour 9:30 am KAIR Broadcast 4:00 pm Inquirer's Class 7:00 pm NA	23 1:15 pm Staff Meeting 6:00 pm Chain of Hearts 6:25 pm Kennedy Calling 7:00 pm NA	24 1:00 pm Quilting 7:00 pm NA	25 7:00 pm Thanksgiving Eve Service 7:00 pm NA	26 9:00 am Thanksgiving Service (Holy Communion)	27 7:00 pm NA	28 7:00 pm NA	
	29 Worship w/Communion 8:00 am, 10:30 am, 6:30 pm 9:15 am Family Bible Hour 9:30 am KAIR Broadcast 4:00 pm Inquirer's Class 7:00 pm NA	30 1:15 pm Staff Meeting 6:25 pm Kennedy Calling 7:00 pm NA						